

# 8 week Level I Kali Course



**Instructor: Guro Martin Johnson**  
20 years in martial arts studying Shaolin Gung Fu,  
Tae Kwon Do, knife fighting and Kali.

Guro Johnson has studied Kali with Punong Guro Tony Marcial in the Marcial Tirada method of Kali. He has also studied with Edgar Sultie founder of Lameco Eskrima and well known martial arts author .Under the tutelage of Master of Arms James Keating, Mr. Johnson further his skills in knife fighting. Holding both black belts and black sashes , Guro Johnson is able to teach the art of Kali so that it can be applied and blended into your own martial arts style.

## **Course Will Cover:**

Stick Grips    Basic Strikes & Blocks    Numbering Systems  
Footwork    Hubud Lubud drills    Single Stick Basics  
Basic Blocks    Sumbrada    Disarming (Static & from Flow)

**BEGINS: Wednesday November 26, 2009**

**COST: \$60.00 for 8 weeks**

**TIME:7:30PM**

**WHERE: Golden Pyramid Martial Arts Center**  
**5080 Northfield Road**  
**Maple Hts., OH 44137**  
**216-475-1880**